

Swimmers may enter
an unlimited number
of individual events

Entries are due at
EBCY no later than
June 4 at EBCY and
June 7 at FFY

GAMBLE-NIPPERT YMCA
GNYSummer Invitational
Sunday
June 20, 2010

PLACE: Gamble-Nippert YMCA
3159 Montana Ave
Cincinnati, Ohio 45211
(513) 661-1105

FACILITY: Six Lane – 50 Meter Pool with Colorado Timing System
Heated Pool with Starting Blocks at both ends of the pool

STARTING TIME: **8:00am -Warm Ups**
9:00am -Meet Starts
Meet must be over by 2:50pm

STARTING TIME:

- Warm-up sessions will be monitored to ensure the safety of swimmers.
- Coaches are asked to instruct their swimmers to enter the water feet first and only use the starting blocks when instructed by the Meet Manager
- Warm-up sessions will be sent to coaches via e-mail and posted on the Southwest Ohio YMCA Swim League Website the week of the meet, www.swyswim.org

ENTRIES AND FEES:

- All Events Are Timed Finals
- Each swimmer may swim an **unlimited number of individual events and relays.**
- Enter times in Long Course Meters to the hundredth of a second or NT (no time).
- Entry fees (or a copy of the check request) must be paid by Monday, June 15th.
- Refunds will be provided for any events which are cancelled due to time constraints.
- If paying by YMCA voucher, please bring a copy of the voucher to the meet.
\$4.00 per individual event
\$12.00 per relay event

Make checks payable to: **GNYSWIM TEAM**
And mail payment to: Gamble-Nippert YMCA
3159 Montana Ave.
Cincinnati, Ohio 45211
Attn: Susie Wills

E-MAIL ENTRIES:

- Entries in **Hy-Tek** format should be sent via e-mail to Sue Walker, swalker20@fuse.net.
- A Team Manager event file will be available on the Southwest Ohio YMCA Swim League Website.

ENTRY DEADLINE: Entries must be **in our hands** no later than **6:00 PM** **Monday, June 14th.**

DECK ENTRIES:

Deck entries will be accepted until 30 minutes prior to the start of the meet provided there is an open lane in that event and the entry fee is paid.

\$5.00 per individual event

\$16.00 per relay event

ELIGIBILITY:

In accordance with the Southwest Ohio YMCA Swim League Rules and Regulations, a swimmer must be a member of the YMCA they represent for a minimum of 30 days prior to the start of this meet. The swimmers age group shall be the age as of June 1, 2010.

COACHES:

Coaches should wear their YMCA approved certifications at all times and present them when requesting heat sheets and complimentary food.

AWARDS:

- Ribbons will be awarded for first through sixth place in individual events and first through third in relay events.
- Heat winner ribbons will be awarded in the 12 & under age group events.
- Awards will only be given to those swimmers 14 & under.

SCORING:

Place	1	2	3	4	5	6	7	8	9	10	11	12
Individual	16	13	12	11	9	7	6	5	4	3	2	1
Relays	32	26	24	22	20	18	14	10	8	6	4	2

RULES:

This meet is a closed YMCA meet and will be run under the 2009 USA rules and those of the Southwest Ohio YMCA Swim League. To swim in a senior event a swimmer must be at least 12 years of age by the first day of Nationals 2010. We reserve the right to limit the number of entries in the senior events depending on time constraints.

FINAL RESULTS:

Final results will be posted on www.swyswim.org. Meet Manager and Team Manager back-ups will also be available on the league website.

ADMISSION:

No admission will be charged for the meet. Heat sheets will be available for \$3.00. Heat sheets will be provided to all coaches.

REFRESHMENTS:

A snack bar area will be available, operated by the swim team. Food, soft drinks, candy, fruit, bagels and juices will be offered.

CONDUCT:

All swimmers must stay in the designated areas. Any swimmer caught in the off limits part of the YMCA will be immediately withdrawn from the meet. The same is true for anyone caught damaging any part of the YMCA. Each team will be expected to have one or more parents in charge of monitoring their team. This is not the responsibility of the Gamble Nippert Swim Team.

Please also plan to have representatives of your team available for clean up of your team area after each session, especially on Sunday. Remember **NO GLASS BOTTLES** in the pool area

MEET DIRECTORS:

For any questions regarding the conduct of the meet

please contact:

Bill Walker
513-598-5272
williamw@fuse.net

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GNY Summer Invitational - 2010
ORDER OF EVENTS
6/20/2010

Entries are due at
EBCY no later than
June 4 at EBCY and
June 7 at FFY

SUNDAY MORNING						
Warm-ups 8:00am						
Meet Starts 9:00am						
<u>Girls</u>	<u>Event</u>	<u>Boys</u>		<u>Girls</u>	<u>Event</u>	<u>Boys</u>
1	8&U 200 Medley Relay	2		47	13-14 200 Free	48
3	9-10 200 Medley Relay	4		49	15& Over 200 Free	50
5	11-12 200 Medley Relay	6		51	8&U 50 Back	52
7	13-14 200 Medley Relay	8		53	9-10 50 Back	54
9	15& Over 200 Medley Relay	10		55	11-12 100 Back	56
11	8&U 50 Free	12		57	13-14 100 Back	58
13	9-10 50 Free	14		59	15& Over 100 Back	60
15	11-12 100 Free	16		61	8&U 200 IM	62
17	13-14 100 Free	18		63	9-10 200 IM	64
19	15& Over 100 Free	20		65	11-12 200 IM	66
21	8&U 50 Fly	22		67	13-14 200 IM	68
23	9-10 50 Fly	24		69	15& Over 200 IM	70
25	11-12 100 Fly	26		71	8&U 200 Free Relay	72
27	13-14 100 Fly	28		73	9-10 200 Free Relay	74
29	15& Over 100 Fly	30		75	11-12 200 Free Relay	76
31	8&U 50 Breast	32		77	13-14 200 Free Relay	78
33	9-10 50 Breast	34		75	11-12 200 Free Relay	76
35	11-12 100 Breast	36		77	13-14 200 Free Relay	78
37	13-14 100 Breast	38		79	15& Over 200 Free Relay	80
39	15& Over 100 Breast	40		81	9-10 200 Free	82
41	8&U 100 Free	42		83	11-12 200 Free	84
43	9-10 100 Free	44		85	Senior 400 Free	86
45	11-12 100 Free	46		87	Senior 200 Choice***	88

*** This event is to allow senior swimmers to obtain a time in the 200 Back, 200 Breast, or 200 Fly