

Entries are due to EBCY no later than Friday, June 4 and at FFY no later than Monday, June 7

Swimmers can enter unlimited # of individual events (coaches will enter relays if there are enough swimmers in age group per day)

COUNTRYSIDE YMCA
Presents the 2010

DAVID A. HEWITT SUMMER POLAR BEAR INVITATIONAL

Date: June 26th & 27th 2010

Place: Countryside YMCA (50 meter pool)
1699 Deerfield Road
Lebanon, Ohio 45036

Information Contact: Brad Isham
Phone: 932-1424 ext. 117
E-mail: bradish@countrysideymca.org

Facility: A spacious 8 lane 50 meter outdoor pool with a Colorado automatic timing system and touch pads. Spacious spectator seating. Large team and concession areas.

Type of Meet: This is an inter-league invitational exclusively for YMCA's. This will be a timed final event.

Times: Saturday & Warm-up @ 7:00 a.m.
Sunday Meet @ 8:00 a.m.

Entries and Fees:

1. Enter all times in **Meters** to the hundredth of a second
2. A swimmer may enter an unlimited number of events.
3. The meet will be limited to the first **350** swimmers.
4. Deck entries will be accepted provided there is an open lane in the event, and your deck entry fees have been paid. Deck entries are \$5.00 per individual event and \$20.00 per relay.
5. Individual events are \$3.50 each; relays are \$12.00 each. There will be no admission charge.
6. Make checks payable to: **Countryside Torpedoes.**
7. Mail checks and entries to:
Brad Isham
1699 Deerfield Road
Lebanon, Ohio 45036
E-mail: bradish@countrysideymca.org

Entry Deadline: Entries are due no later than Monday, June 14th 2010

Meet Rules: The meet will be governed by the 2010 USA rules and those of the Southwest Ohio YMCA Swim League.

- Awards:** Individual high point plaques for each age group high point champion, which is scored by age group events only. No senior events are scored towards individual high point.
- Heat winner ribbons in the 10&under age group events.
- Medals for first through third and ribbons for ninth through sixteenth place for individual events. Ribbons for first through 16 in Relay events.
- Scoring:** Individual: 9-7-6-5-4-3-2-1
Relays: 18-14-12-10-8-6-4-2
- Final Results:** Countryside YMCA will furnish free of charge one copy of meet final results to each team. Additional copies may be ordered during the meet for \$10.00 per copy.
- Conduct:** All swimmers must be in designated areas. Anyone in non-designated areas will be disqualified from the meet. Any destruction of property during the swim meet will result in immediate disqualification of the swimmer and/or spectator from the meet and meet area. The swim club will be held responsible for the behavior of their swimmers, parents and guests.

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ORDER OF EVENTS
Saturday Morning
(Warm-up 7:00 a.m. Meet 8:00 a.m.)

<u>Girls-Boys</u>	<u>Age Group</u>	<u>Event</u>
101-102	Senior	200 Free
103-104	8 & Under	50 Breast
105-106	9 – 10	50 Breast
107-108	11-12	50 Breast
109-110	13-14	50 Breast
111-112	15 & Over	50 Breast
113-114	Senior	200 Fly
115-116	8 & Under	50 Back
117-118	9 – 10	50 Back
119-220	11 – 12	50 Back
121-122	13-14	50 Back
123-124	15 & Over	50 Back
125-126	8 & Under	200 Free Relay
127-128	9 – 10	200 Free Relay
129-130	11 – 12	200 Free Relay
131-132	13 – 14	200 Free Relay
133-134	15 & Over	400 Free Relay
135-136	9-10	200 IM
137-138	11-12	200 IM
139-140	13-14	200 IM
141-142	Senior	400 IM

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Sunday Morning

(Warm-up 7:00 a.m. Meet 8:00 a.m.)

<u>Girls-Boys</u>	<u>Age Group</u>	<u>Event</u>
201-202	Senior	200 Back
203-204	8 & Under	50 Fly
205-206	9 – 10	50 Fly
207-208	11 – 12	50 Fly
209-210	13 – 14	50 Fly
211-212	15 & Over	50 Fly
213-214	Senior	200 Breast
215-216	8 & Under	50 Free
217-218	9 – 10	50 Free
219-220	11 – 12	50 Free
221-222	13 – 14	50 Free
223-224	15 & Over	50 Free
225-226	8 & Under	200 Medley Relay
227-228	9 – 10	200 Medley Relay
229-230	11 – 12	200 Medley Relay
231-232	13-14	200 Medley Relay
233-234	15 & Over	400 Medley Relay
235-236	8 & Under	100 Free
237-238	Senior	400 Free